### INTRODUCTION TO PSYCHOLOGY: DYNAMICS OF BEHAVIOUR

#### **Course Outline**

Course Number: SOCI103

Introduction to Psychology: Dynamics of Behaviour is a survey course intended to provide students with a basic understanding of psychology as a framework for explaining the dynamics of human behaviour according to a variety of social science sub-disciplines such as human development, personality theory, abnormal and social processes in human behaviour, as well as health, stress, and coping.

## **Learning Sequence:**

Week	Topics, Resources, Learning Activities	Assessment			
Week 1	Introduction to the course.				
Week 2	Statistics: Uses and Abuses Pages 56 – 59 Plus Assigned Readings - TBA				
Week 3	Health Psychology: Stress and Coping Chapter 15	Critical Thinking Question			
Week 4	Human Development Critical Thinking Chapter 4 Question				
Week 5	Personality Part 1 p. 456 - 465	Quiz 1 (10%)			
Week 6	Personality Part 2 p. 465 - 480	Critical Thinking Question			
Week 7	Test 1 - 20%				
Week 8	Independent Learning Week				
Week 9	Intelligence p. 381 - 403	Critical Thinking Question			
Week 10	Psychological Assessment (Intelligence and Psychological Testing) p 373-380; p 480-489 p.372 - 380 and p.480 - 493	Critical Thinking Question Lab Report (20%)			
Week 11	Psychological Disorders Part 1 p. 494 - 525				
Week 12	Psychological Disorders Part 2 p. 525 – 538	Quiz 2 (10%)			
Week 13	Psychological Interventions Chapter 14	Critical Thinking Question			
Week 14	Social Psychology Chapter 16	Critical Thinking Question			
Week 15	Test 2 - 20%				

# **Learning Resources:**

Santrock, J. W. & Mitterer, J. O. (2005). Psychology (2nd Canadian ed.). Toronto: ON: McGraw-Hill Ryerson.

Mitchell, M. L., Jolley, J. M., & O'Shea, R. P. (2007). Writing for psychology: A guide for students. Belmont, CA: Wadsworth.

## **Assessment Plan:**

Item/Date:	Percent:	Description:	
Quiz 1	10	Quiz 1 will cover all material since the first week of class and will consist of 40 multiple choice questions.	
Research Presentation	15	Students will orally summarize empirical research articles in support of a specific thesis statement.	
Test 1	20	Test 1 will cover all material since the first week of class and will consist of 70 multiple choice questions and one 10 mark short answer question.	
Lab Report	15	Students will complete a research project and prepare an APA laboratory report of their findings.	
Quiz 2	10	Quiz 2 will cover all material since reading week and will consist of 40 multiple choice questions.	
Critical Thinking Exercises	10	At the beginning of class students will answer a short critical thinking question about their assigned readings.	
Test 2	20	Test 2 will cover all material since reading week and will consist of 70 multiple choice questions and one 10 mark short answer question.	